



San Diego City Schools
SECONDARY LUNCH MENU
 FALL 2007

(9/3), 9/17, 10/1, 10/15, 10/29, (11/12), 11/26, 12/10, (12/24), 1/7, (1/21) WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mozzarella Cheese Breadsticks w/Dipping Sauce	Buffalo Chicken Sandwich	Teriyaki Veggie Burger	Southwestern Hot Pocket	Beef Teriyaki Nuggets w/Brown Rice
Chorizo Lil' Bites w/Potato Wedges	Mesquite Chicken	Habanero Taco Pocket	Mandarin Chicken w/Brown Rice	Pepper Jack Burger
Cheeseburger	Cheese Pizza	Fish Nuggets w/Potato Rounds	Chicken Nuggets w/Potato Rounds	Beef, Bean, Green Chile Burrito
Yogurt Parfait & Bagel w/Cream Cheese	Taco Salad	Chicken Caesar Salad	Cured Turkey and Cheese Chef Salad	Spinach, Feta and Apple Salad
Peanut Butter & Jelly Uncrustable	Cured Turkey and Cheese Deli Sub	Roast Beef on Kaiser Roll	Cheesey Country on WW Bun	Turkey Deli Sub
SIDE DISHES				
Fresh Fruit Baby Carrots w/Dressing Chilled Peaches Lettuce & Pickles	Fresh Fruit Potato Wedges Chilled Pineapple Celery w/Ranch Dressing	Fresh Fruit Baby Carrots w/Ranch Dressing Apple Slices Fruit Bar	Fresh Fruit Goldfish Pretzels Fresh Fruit Tray Baby Carrots w/Ranch Dressing	Fresh Fruit Fruit Mix Lettuce & Pickles Tortilla Chips w/Salsa

MILK ALWAYS INCLUDED.



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SECONDARY LUNCH MENU
 FALL 2007

9/10, 9/24, 10/8, 10/22, 11/5, (11/19), 12/3, 12/17, (12/31), 1/14, 1/28 WEEK II

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Kung Pao Chicken w/Brown Rice	Chicken Patty on WW Bun	Cheeseburger	Mozzarella Cheese Breadsticks w/Dipping Sauce	Pizza Bagel
Chicken Nuggets w/Potato Rounds	Bean and Cheese Burrito	Cheese Pizza	Mesquite Chicken	Chicken Cup O'Noodles
Taco Pocket	Buffalo Chicken Strips w/Ranch Dressing	Beef Teriyaki Dippers w/Brown Rice	Stuffed Potato w/Dinner Roll	Honey BBQ Riblets w/Potato Rounds
Yogurt Parfait & Bagel w/Cream Cheese	Taco Bowl	Chicken Caesar Salad	Cottage Cheese and Fruit Salad	Taco Salad
Salami and Provolone Deli Sub	Peanut Butter & Jelly Uncrustable	All American Deli Sub	Cured Turkey and Cheese Deli Sub	Turkey and Cheese Deli Sub
SIDE DISHES				
Fresh Fruit Kiwi Wedges Baby Carrots w/Dressing Goldfish Crackers	Fresh Fruit Lettuce & Pickles Apple Slices Tortilla Chips w/ Salsa	Fresh Fruit Potato Wedges Lettuce & Pickles Chilled Pears	Fresh Fruit Fruit Bar Fresh Vegetable Tray w/Dressing Goldfish Pretzels	Fresh Fruit Caesar Salad Jungle Crackers Apple Slices

MILK ALWAYS INCLUDED.